

COLD-WEATHER CLOTHING CHECKLIST FOR HIKING, CAMPING, AND BACKPACKING

- LONG SLEEVED SHIRT *
- LONG PANTS *
- SWEATER *
- LONG UNDERWEAR *
- HIKING BOOTS OR STURDY SHOES
- SOCKS
- INSULATED PARKA OR COAT WITH HOOD
- WARM HAT *
- MITTENS *
- RAIN GEAR
- EXTRA UNDERWEAR (FOR LONGER TRIPS)

(ITEMS MARKED WITH AN ASTERISK [*] SHOULD BE MADE OF WOOL OR A WARM SYNTHETIC FABRIC.)